

Tamwood Adventure Camp Packing List

Clothing	Gear
Outerwear	Specific Gear
<input type="checkbox"/> waterproof/breathable jacket (Required)	<input type="checkbox"/> internal frame pack (min 40 litre capacity) (Required)
<input type="checkbox"/> waterproof/breathable pants (Required)	<input type="checkbox"/> down sleeping bag (-5° to 15°C) (Required)
<input type="checkbox"/> fleece jacket or wool sweater (Required)	<input type="checkbox"/> inflatable sleeping pad (Required)
<input type="checkbox"/> fleece pants (Recommended)	<input type="checkbox"/> trekking poles (optional)
<input type="checkbox"/> waterproof gaiters (Recommended)	<input type="checkbox"/> eating utensils, bowl, and insulated mug (Required)
<input type="checkbox"/> synthetic hiking pants (Recommended)	<input type="checkbox"/> headlamp or flashlight w/extra batteries and bulb (Required)
<input type="checkbox"/> synthetic shorts (Recommended)	<input type="checkbox"/> 32 oz. water bottles (2) (Required)
Base Layer	<input type="checkbox"/> water treatment (filter, tablets, or drops) (Required)
<input type="checkbox"/> mid-weight long john top (Required)	<input type="checkbox"/> sunscreen (SPF 15+) (Required)
<input type="checkbox"/> mid-weight long john bottoms (Required)	<input type="checkbox"/> lip balm (SPF 15+) (Required)
<input type="checkbox"/> long sleeve T-shirt (Required)	<input type="checkbox"/> insect repellent (Required)
<input type="checkbox"/> synthetic briefs	<input type="checkbox"/> first-aid kit with personal medications (Required)
<input type="checkbox"/> synthetic sports bra	<input type="checkbox"/> stuff sacks
<input type="checkbox"/> synthetic T-shirt (Recommended)	<input type="checkbox"/> assorted zipper-lock bags
Footwear	<input type="checkbox"/> Beach towel and bath towel (Required)
<input type="checkbox"/> waterproof hiking boots (Required)	<input type="checkbox"/> Face cloth
<input type="checkbox"/> camp footwear (Sandals)	<input type="checkbox"/> Toiletries- shampoo, soap, etc. (Required)
<input type="checkbox"/> gym shoes	Accessories
<input type="checkbox"/> wool or synthetic socks (3) (Required)	<input type="checkbox"/> wool or fleece hat
<input type="checkbox"/> liner socks (2)	<input type="checkbox"/> sun hat (Required)
Other Clothes	<input type="checkbox"/> bandanna
<input type="checkbox"/> shorts (2)	<input type="checkbox"/> sunglasses
<input type="checkbox"/> t-shirts (min. 5)	Optional
<input type="checkbox"/> running Shoes	<input type="checkbox"/> Music (CD's and tapes) for weekly camp dances
<input type="checkbox"/> long Pants	<input type="checkbox"/> Camera and film
<input type="checkbox"/> long Sleeve Shirt	<input type="checkbox"/> An Address Book
<input type="checkbox"/> underwear and socks (min 8 pairs of each)	<input type="checkbox"/> Journal: to record your memories of camp!
<input type="checkbox"/> pyjamas	
<input type="checkbox"/> bathing suit/swimming trunks	
<input type="checkbox"/> one dressy outfit for formal dinner night	
<input type="checkbox"/> Costumes or funny clothes for talent night and for theme discos. Disco themes include Hawaiian Disco, Futuristic Disco, Western Disco....	

** Remember, laundry service is provided once per week, only pack what is needed for one week

** Please label all personal belongings and clothing (including socks and undergarments) with your full name to prevent clothing from being lost.

Please do not bring the following items: portable/electronic games or other devices, knives, non-prescription medication, valuable jewellery, cell phones, pagers, firecrackers or other explosives. These items will be taken from students if found and returned only on student's departure.