

TORONTO CAMP 2025

Tamwood Basketball Program

Week 1



Time	Sunday July 20	Monday July 21	Tuesday July 22	Wednesday July 23	Thursday July 24	Friday July 25	Saturday July 26
7:00 – 7:45	Camper Wake Up						
8:00 – 8:45	Breakfast						
8:30 – 12:00	Camper Arrivals Intake Settle In & Unpack	Campus Tour	Tamwood City Tour or Free Time with Group Leader	Option Workout Open Court time	Royal Ontario Museum	Little Canada	Late Wake up
12:15 – 1:00		Lunch				Lunch	Full Day Excursion Casa Loma & Square One Shopping & Disco @ UTM
1:00 – 1:30		Travel to Afternoon Session				Lunch	
1:30 – 3:00		Skills Training Advanced dribbling Speed & Agility	Half Day Option CN Tower and Ripley's aquarium Group Dinner (\$80)	Skills Training Refined shooting mechanics	 Experience Skills Training Passing under pressure	Skills Training Contact layups and floaters	
3:00 – 4:30		Patrice Session Motion offense and spacing		Patrice Session Team defense Help rotations	Patrice Session Transition & fast break strategies	Patrice Session Advanced offensive tactics	
4:30 – 5:30	Scrimmages Half-Court emphasis	Scrimmages 3 on 3 (focus defensive)		Scrimmages Full-Court play	Scrimmages 5 on 5		
5:35 – 6:00	Dorm Time			Optional Trip To Camper Talent Show @ UTM or free time with Group Leader	Dorm Time	CEBL Basketball Game Experience	
6:30 – 7:30	Dinner		Dinner				
7:30 – 9:00	Weekly Kickoff	Team Name and logo Design Contest	Group Leader Lead (Free)		Optional Specialized Clinic Strength & conditioning Group coaching		
9:00 – 9:30							
9:30 – 10:30				Night time Huddle			
10:30	Quiet Time & Bedtime						



*All excursions and activities are subject to change due to weather and availability

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Week 2



Time	Sunday July 27	Monday July 28	Tuesday July 29	Wednesday July 30	Thursday July 31	Friday August 1	Saturday August 2			
7:00 – 7:45	Camper Wake Up									
8:00 – 8:45	Breakfast									
8:30 – 12:00	Full Day Excursion: Niagara Falls Outlet Mall Group Dinner	Team Building Games	Optional Clinic Leadership on the court	St. Lawrence Market	Optional Option Center Island Or Open Court time	Basketball Trivia	Full Day Option:			
12:15 – 1:00		Lunch					Canada Wonderland (\$130)			
1:00 – 1:30		Travel to Afternoon Session					Or			
1:30 – 3:00		 Experience	Half Day Option Greater Toronto Zoo (\$50) Group Leader Lead (Free)	Skills Training Advanced Ball-protection	Half Day Excursion: Hockey Hall of Fame & Downtown Toronto	Skills Training Guard playmaking Big-man post moves	Royal Ontario Museum & Little Canada (\$60)			
3:00 – 4:30		 Raptor's MLSE Coach Academy		Patrice Session Zone Offense & Counters		Patrice Session Game Strategy & timeouts and more	Or			
4:30 – 5:30		Scrimmages		Scrimmages 5 on 5 (focus zone offense)		Scrimmages Just play	Free Time with Group Leader			
5:35 – 6:00		Dorm Time		Dorm Time		Evening Option Bleu Jay Base Ball Game (\$60)				
6:30 – 7:30		Dinner		Dinner						
7:30 – 9:00		Movie Night or Free Time with Group Leader		Movie Outing Or Free time with Group Leader						
9:00 – 9:30		Night time Huddle								
9:30 – 10:30		Quiet Time & Bedtime								
10:30										

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