

# TORONTO CAMP 2025



## Tamwood Basketball Program – YA English Week 1



Time	Sunday July 20	Monday July 21	Tuesday July 22	Wednesday July 23	Thursday July 24	Friday July 25	Saturday July 26											
7:00 – 7:45	Camper Wake Up																	
7:45 – 8:15	Break fast																	
8:30 – 11:10	Camper Arrivals Intake	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	Late Wake up											
11:10 – 12:00		Lunch					Full Day Excursion  Casa Loma  &  Square One Shopping  &  Disco @ UTM											
12:00 – 1:00		YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson												
1:00 – 1:30		Travel to Afternoon Session																
1:30 – 3:00		Settle In & Unpack	Skills Training Advanced dribbling Speed & Agility	Skills Training Refined shooting mechanics	Experience Raptors Mascot Visit	Skills Training Contact layups and floaters												
3:00 – 4:30	Weekly Kickoff	Practice Session Motion offense and spacing	Practice Session Team defense Help rotations	Practice Session Transition & fast break strategies	Half Day Option  Canada Wonderland (\$100)  Group Leader Lead (Free)	Practice Session Advanced offensive tactics												
4:30 – 5:30		Scrimmages Half-Court emphasis	Nutritionist Visit	Scrimmages 3 on 3 (focus defensive)		Scrimmages 5 on 5												
5:35 – 6:00		Dorm Time		Optional Trip To Camper Talent Show @ UTM or free time with Group Leader		CEBL Basketball Game Experience												
6:30 – 7:30	Dinner		Dinner		Optional Specialized Clinic Strength & conditioning Group coaching													
7:30 – 9:00	Team Name and Logo Design Contest		Optional Specialized Clinic Strength & conditioning Group coaching															
9:00 – 9:30	Night time Huddle																	
9:30 – 10:30																		
10:30	Quiet Time & Bedtime																	



**TAMWOOD**  
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\*All excursions and activities are subject to change due to weather and availability

[www.tamwood.com](http://www.tamwood.com)

# TORONTO CAMP 2025



## Tamwood Basketball Program – YA English Week 2



Time	Sunday July 27	Monday July 28	Tuesday July 29	Wednesday July 30	Thursday July 31	Friday August 1	Saturday August 2			
7:00 – 7:45	Camper Wake Up									
7:45– 8:15	Breakfast									
8:30 – 11:10	Full Day Excursion:  Niagara Falls  Outlet Mall  Group Dinner	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	Full Day Option:  Canada Wonderland (\$130)  Or  Royal Ontario Museum & Little Canada (\$60)  or  Free Time with Group Leader			
11:10 – 12:00		Lunch								
12:00 – 1:00		YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson	YA English Lesson				
1:00 – 1:30		Travel to Afternoon Session								
1:30 – 3:00		 Experience Raptor's MLSE Coach Academy MLSE Coach	Half Day Option  CN Tower and Group Dinner (\$70)  Group Leader Lead (Free)	 Experience Raptor's MLSE Coach Academy MLSE Coach	Half Day Excursion:  Hockey Hall of Fame  & Downtown Toronto	Skills Training Guard playmaking Big-man post moves				
3:00 – 4:30		Scrimmages		Scrimmages		Practice Session Game Strategy & timeouts and more				
4:30 – 5:30		Dorm Time		Dorm Time		Scrimmages Just play				
5:35 – 6:00		Dinner		Dinner		Evening Option  Blue Jays Baseball Game (\$60)				
6:30 – 7:30		Movie Night or Free Time with Group Leader		Movie Outing Or Free time with Group Leader						
7:30 – 9:00										
9:00 – 9:30		Night time Huddle								
9:30 – 10:30		Quiet Time & Bedtime								
10:30										